



LAYING THE FIRST BRICK OF THE "EMILY C. SMITH NURSES' HOME," ELLIOT HOSPITAL, MANCHESTER, N. H., JUNE 30, 1908 (BY A NON-UNION WORKMAN).

## HOSPITAL AND TRAINING-SCHOOL NOTES



THE new operating rooms of the Rhode Island Hospital were formally opened on June 25.

THE graduating exercises of the Moses Taylor Hospital, Scranton, Pa., were held on May 15 at the nurses' home.

MERCY HOSPITAL, Des Moines, is adding a large wing to the east of the main building. This will make the capacity about two hundred beds.

THE old Nurses' Home, in connection with the Methodist Hospital, Des Moines, has been torn down and a splendid new home is being erected on the old site.

MR. OWEN EDWARDS, for eleven years superintendent of the Methodist Episcopal Hospital, Broad and Wolf Streets, Philadelphia, has resigned. His successor is not yet named.

THE officers of the Central Dispensary and Emergency Hospital, Washington, D. C., expect by October to have found a site for a new and larger building than the present one. The government is to use that section for new public buildings.

THE Elliot Hospital, Concord, N. H., has a very complete maternity building just opened and is beginning work on a perfectly beautiful nurses' home to be called the "Emily C. Smith Nurses' Home," in honor of Miss Smith, a great friend of the "Elliot."

THE German Hospital of Brooklyn has in training four young Indian girls, and two more are expected in September. They are educated girls, with good manners; the superintendent believes they are going to make good nurses, and they are proving acceptable to the patients.

AN article in the *Toronto World* describes the thorough course given the pupil nurses in the Hospital for Sick Children. Each nurse has six weeks' instruction in the diet kitchen at the training school and then three months' practical experience in the hospital diet kitchen.

THE commencement exercises of the Lutheran Hospital Training School of La Crosse, Wisconsin, were held in the hospital building on June 12, when the following seven young ladies received diplomas and pins: Emily Gollin, Inga Qually, Ingeborg Lurde, Ella Ruseh, Lydia Prella, Bertha Berg, Emma Puls.

THE graduating exercises of the Rockford, Ill., Training School were held on the evening of May 28 at Mendelssohn Hall.

Nine nurses received their diplomas at this time: Hylah R. Bender, Ethel M. Bliss, Sophia C. Hotzel, Carrie C. McGrath, Lulu I. Wilson, Kathryn Prindville, Myra Bausch, Ethel E. Bailey, Ethel Charnley.

THE hospital department of the Tabitha Home, of Lincoln, Nebraska, was dedicated on July 7, with two services held at 2 p.m. and at 7 p.m. The exercises consisted of music and addresses, the speakers being Rev. G. F. F. Mueller, president of the German Nebraska Synod; Hon. E. J. Burkett, United States Senator; Rev. J. E. Hummon of Omaha; and Hon. W. J. Bryan.

THE annual report of the Passavant Memorial Hospital, Chicago, states as a cause of unrest and disquiet that good applicants for the training school are lacking. Having heard that one reason for the shortage of probationers is the lack of comfortable accommodations for nurses, the hospital is proceeding to build a comfortable, attractive nurses' home, to take the place of several flats in which the nurses have been living.

THE twentieth annual report of the Morton Hospital, Taunton, Mass., tells of the enlarging of the visiting staff of physicians and the consequent necessity of employing an assistant superintendent of nurses. During the year a new double private room has been added through the refurnishing of the old office. The curriculum for the study of nurses is given and it is interesting to note that it contains a course of four lectures on chiropody.

THE graduating exercises of the Providence Hospital, El Paso, Texas, took place on May 14 at the Elks Home. The program consisted of music, address by Dr. Hugh Crouse, and the presentation of diplomas and badges by Dr. M. P. Shuster, president of the hospital. The superintendent of nurses is Miss Mary Finlayson, graduate of the Post-Graduate Hospital, Chicago. The graduates were: Josephine R. Young, New York; Mary E. Black, Missouri; Mary and Helga Hvidberg, New Mexico; Marie Sansome, Ontario.

THE graduating exercises of the Lakeside Hospital Training School for Nurses, Chicago, were held at the Masonic Hall on the evening of June 1. Addresses were given by Dr. C. G. Davis, and by Dr. Rachel Carr. The diplomas were conferred by Dr. A. R. Johnstone. The graduates were Mollie Hanson, Margaret Lewis, Clara Bartle, Florence Meloy, Agnes Reimmiller, Clara Leppla, and Hope Baker. A banquet was given by the Alumnae Association at the Chicago Beach Hotel on May 30 in honor of the graduates.

MAJOR P. F. STRAUB, of the Medical Corps, U. S. A., has begun a campaign against tuberculosis in the War Department. Carpets are to be done away with and the feather duster follows, two agents very rightly decided to be most unsanitary. Some of the clerks averse to fresh air have kept windows and ventilators closed, not only endangering the health of those in the offices with them, but lessening their own powers of resistance to the disease. Dr. Straub, who is credited with several sanitary improvements since his appointment, expects to make monthly inspections to improve these conditions. Next winter Dr. T. S. Lee expects to lecture on tuberculosis to the clerks who are interested.

PERHAPS it is not generally known that treatment for rabies is given at the New Naval Hospital, Washington, D. C. On account of the increasing number of cases, a Pasteur Institute has been established by Surgeon-General Wyman of the Marine Hospital Service. The course of treatment is three weeks and is open to those needing it and not able to pay. The only thing necessary is to show a letter from the Health Department. The cost of the treatment is small, as the Agricultural Department gives the virus and the treatment is

given by Past Assistant Surgeon A. M. Stimson, an expert in the service. Over thirty patients have come under treatment, the majority being children, in most instances having been bitten by pet dogs.

THE graduating exercises of the Training School for Nurses of the Seattle General Hospital were held on the evening of June 3, at the Young Women's Christian Association Auditorium. Addresses were delivered by Dr. F. S. Bourns and Rev. Francis J. Van Horn, D.D. The valedictory was given by Annie L. Hosmer. Miss Evelyn P. Hall is superintendent of nurses. The graduates were: Frieda J. Peterson, Annie L. Hosmer, Anna Moore, Veva A. Watson, Lucy W. Wright, Clara Steen, Elva Allison, Dollie L. Lucas, Myrtle L. Huches, Adda W. Watson, Maria K. Palmén, Nellie K. Hill, Nellie A. McElmon, Katherine A. Creighton, Stella M. Jones. At the close of the exercises the graduating class and members of the training school received their friends informally.

THE graduating exercises of the class of 1908 of the City and County Hospital, St. Paul, Minnesota, were held at the nurses' home on the evening of May 26. After a short and interesting program, the diplomas were presented by Dr. Anker. Refreshments were served in the class room, followed by dancing. This is the second commencement to be held in the new home. The evening following the graduating exercises the annual alumnae banquet given in honor of the graduating class was held. The guests included the class of 1908 and the faculty of the training school. The evening was delightfully informal and greatly enjoyed by all present. Miss Pace, 1904, was toastmistress; Miss Gale-vay, 1900, gave the toast to the class, which was responded to by Miss Anderson, 1908. There were other toasts by Mrs. Campbell, Miss Edwards and Miss Theobald.

THE annual report of Miss Snively, superintendent of nurses at the Toronto General Hospital, contains the following items of interest:

"The total number of applications received during the year has been 702. This number represents a total increase of 110 applications over that of the previous year.

"The present staff of the school consists of two assistants, one night supervisor, six graduate head nurses, ninety-four pupils and fifteen probationers, a total staff of one hundred and eighteen.

"The work of the hospital has been extremely arduous throughout the entire year, the number of operations alone amounting to 1641.

"Time has been also found for one hundred and ninety-two demonstrations, and fifty-five classes, by the superintendent of the school and her assistants, and one hundred and sixteen lectures and fourteen examinations by members of the visiting and house staff."

THE commencement exercises of the class of 1908 of the Presbyterian Hospital School of Nursing, New York City, were held on May 14. Hundreds of friends collected at the Florence Nightingale Hall at eight o'clock to enjoy these exercises which were as follows: a processional of superintendents, head nurses, and graduates, in order of their classes, from 1894 to 1907; next pupils of the school, and last the graduating class. Following this was a prayer by Rev. Edward B. Coe, D.D.; a song by Mendelssohn Quartette; the address—practical for not only the nurses but to possible patients of the future—by

John S. Billings, M.D. Music was sung again by the quartette. Then came the long hoped-for presentation of diplomas and badges by John S. Kennedy, Esq., president of the Board of Managers, and Frederick Sturges, Esq., chairman of School of Nursing Committee. The Mendelssohn Quartette sang another beautiful song, and the Rev. Edward Coe pronounced the benediction.

Not many minutes after these exercises were ended congratulations were given and refreshments were served. The evening ended with a dance and *Home Sweet Home*.

The names of the graduates follow; those marked with a star constitute the honor roll: Ada F. Benjamin,\* Gertrude W. Drake, Annie E. Murray, Louise M. Marsh, Alice B. Bontwell,\* Ethel D. Patton, Jessie W. Grant, Louise N. Courtright, Mary I. McClive, Nellie Meyers,\* Nancy E. Yost, Effie M. L. Copeland, Jean G. Hayman,\* Charity W. Lyon, Alice M. Upper, Elizabeth M. Phillips, Laura W. Todd,\* Mary O. Boulter, Martha A. Winant, Caroline W. Bell,\* Margery J. Lewis, Lillian Merrill, Mary Mitchell.

## THE MARYLAND STATE BOARD OF EXAMINERS OF NURSES

*Written Examinations, June, 1908.*

### DIETETICS

1. *a.* Describe a starch grain. *b.* Outline the digestion of starch.
2. *a.* Name five nourishments. *b.* Outline preparation of one.
3. *a.* Discuss the nutritive value of beef-juice, beef broth, chicken broth.
- b.* What cut of meat would you choose to make broth? Why?
4. Describe proper arrangement of an invalid's tray. Which points require special attention?
5. *a.* Define sterilization, pasteurization. *b.* How does sterilization modify milk?

### ANATOMY AND PHYSIOLOGY

1. *a.* What takes place in the lungs during respiration? *b.* Name divisions, in order, of respiratory tract.
2. *a.* Give brief outline of the circulation of the blood. *b.* What important part do the capillaries play?
3. Where are the kidneys situated? State their function.
4. *a.* Name divisions of alimentary canal. *b.* How is the food carried from one part to another?
5. Of what is the nervous system composed?

### ELEMENTARY HYGIENE AND BACTERIOLOGY

1. By what means are infectious diseases spread?
2. Explain the essential points necessary to insure a pure milk supply in a community.
3. *a.* Give the proper day and night temperature for a room for sick children, with the best way of regulating it. *b.* What daily care would you give the room in which you are nursing a case of measles?
4. Of what value as disinfectants are sunlight, steam, boiling water, and carbolic acid?
5. State the conditions required for a healthful house site, giving your reasons for such.

## PRACTICAL NURSING

1. *a.* Describe in detail two methods used to reduce temperature in typhoid fever. *b.* What special care would you give a typhoid patient? *c.* Name three complications to watch for in nursing it. *d.* Method of disposing of excreta.
2. *a.* Give method of preparing and giving nutritive enemata. *b.* What care would you give an emaciated, restless patient to prevent bed-sores?
3. Under what circumstances is a sweat bath given? State method of giving; symptoms the nurse should watch for.
4. Give in detail two methods of applying moist heat to abdomen.
5. In going into a house where you suspect tuberculosis what steps would you take?

## ANALYSIS OF URINE

1. *a.* Describe the appearance of normal urine. *b.* Describe the appearance of urine in the early stages of febrile diseases. *c.* What quantity of urine should be excreted under normal conditions in twenty-four hours?
2. How is the body benefited by the excretion of urine?
3. Give definition of the following terms: suppression, retention, albuminuria, hæmaturia, pyuria.
4. What is the most usual method used to increase the excretion of urine?
5. How would you collect and prepare a plain specimen of urine and a twenty-four-hour specimen of urine for the physician to examine?

## MATERIA MEDICA

1. *a.* Name the chief preparations of the following drugs and give the average dose of each: strychnia; digitalis; belladonna. *b.* State the first symptoms of overdosing to be watched for and reported when giving these drugs.
2. *a.* What is the meaning of the term "cathartic"? *b.* Name three cathartics in common use, and give the average dose. *c.* How do you give a dose of salts; of castor oil?
3. How would you prepare and give a hypodermic dose of strychnia, gr. 1/120 from gr. 1/60 tablets; of morphia, gr. 1/6 from gr. 1/4 tablets?
4. How much turpentine should be used in preparing a turpentine stupe?
5. What should the nurse do in a case of opium poisoning until the doctor arrives?

## INFECTIOUS DISEASES

1. State the stages in infectious diseases. At what stage of the disease is scarlet fever most contagious? Measles? Diphtheria?
2. What complications should a nurse guard against in nursing scarlet fever? Measles? Diphtheria?
3. *a.* To what extent is it allowable for a nurse to wear her uniform on the street? *b.* What precautions should the nurse take before going on the street when nursing a patient with an infectious disease?
4. How would you disinfect a room, its furnishings, and utensils after contagion? What would you use to disinfect the linen?
5. How would you prepare a patient who had had scarlet fever, so that it would be safe for the patient to go among other people?

## OBSTETRICS

1. Mention some of the physiological changes, both local and general, that take place during pregnancy.

2. *a.* Outline the stages of labor. *b.* Nurse's usual duties during each.
3. *a.* Of what use is the colostrum? *b.* When does the mother's milk usually begin to flow, and of what is it composed?
4. *a.* Name some of the complications that may arise during pregnancy. *b.* Some that may occur during labor and during the puerperium.
5. In nursing a normal obstetrical case give outline of nurse's care of mother and baby during the first week.

#### GYNECOLOGICAL NURSING

1. Describe briefly the generative organs.
2. What is the chief danger associated with uterine hemorrhage at the time of the menopause?
3. State briefly a nurse's care for five days of a patient who had undergone an abdominal operation (no complications in the case).
4. *a.* What are some of the signs of hemorrhage after an abdominal operation? *b.* If remote from a doctor and these symptoms were manifested by your patient, what would you do?
5. Describe your technique and method of catheterizing a patient and cleansing stitches after a perineorrhaphy.

#### CHILDREN

1. Describe the care of babies' bottles and rubber nipples.
2. In case of convulsions what would the nurse do before the doctor arrives?
3. How would you calculate the dose for a child, the adult dose being known? How would you prepare a dose of castor oil for a child?
4. How large a nutritive enema would you give a child four years old? Twelve years old?
5. *a.* Is high fever ( $104^{\circ}$  or  $105^{\circ}$ ) in children always a dangerous symptom? *b.* How would you prepare a mustard bath for a child?

#### SURGERY

1. Give the nursing care for the first three days of a patient who had been operated on for appendicitis?
2. Give the preparation of normal salt solution for infusion in a private house.
3. What are the constitutional symptoms of severe hemorrhage? What could the nurse do until the arrival of the physician?
4. *a.* Why is carbonate of soda used in the water in which instruments are boiled? *b.* Can the skin be rendered perfectly sterile?
5. What are the chief complications that may occur after a surgical operation of any kind? What symptoms would you look for?

#### MEDICAL NURSING

1. Describe the nursing care of a typhoid fever patient. What precautions would the nurse take to prevent the spread of the disease, and in case of hemorrhage what would you do until the arrival of the physician?
2. In femoral thrombosis give the reason why you would keep the part elevated and perfectly quiet.
3. Describe the nursing care of a patient with acute nephritis.
4. How would a nurse differentiate between syncope and hysteria?
5. What are the symptoms of epilepsy? Give the nursing care of such a patient.